

## **25 MILE RIDE**

Take Finkbine to Walnut Street

Head West on Walnut to East 4<sup>th</sup> Street

At East 4<sup>th</sup> Street head south to MLK Jr. Pkwy.

Take a right on MLK Jr. Pkwy. until you hit the Meredith Trail

Continue on Meredith Trail which will take you around the West side of Grays Lake

After you travel around the West side of Grays Lake, continue on the Meredith Trail which will take you across Fleur Dr. and then across George Flagg Pkwy.

(You will bike around the South side of Water Works Park on the Meredith Trail)

Once you cross Park Avenue you will enter the Great Western Trail

At the Cumming bike parking lot on the north side of the road you will turn around and follow the same route back!

## **5 MILE FAMILY RIDE**

Take Finkbine to Walnut Street

Head West on Walnut to East 4<sup>th</sup> Street

At East 4<sup>th</sup> Street head south to MLK Jr. Pkwy.

Take a right on MLK Jr. Pkwy. until you hit the Meredith Trail

Continue on the Meredith Trail until you get to the Raccoon River. Before crossing over the river, you will turn around and follow the same route back.

## **1 Mile Walk**

Depart from Finkbine and E. Locust and travel:

West on E. Locust to Pennsylvania Avenue

North on Pennsylvania Avenue to E Grand Avenue

West on E. Grand Avenue to E 2<sup>nd</sup> St.

South on E. 2<sup>nd</sup> St. to Locust.

East on Locust to the Westside of the State Capitol

## **3 Mile Walk**

Depart from Finkbine and E. Locust and travel:

West on E. Locust to Pennsylvania Avenue

North on Pennsylvania Avenue to E Grand Avenue

West on E. Grand Avenue to 12<sup>th</sup> St.

South on 12<sup>th</sup> St. to Locust St.

East on Locust to the Westside of the State Capital

## **PLEASE FOLLOW ALL SAFETY PRECATIONS**

**GO WITH THE FLOW OF TRAFFIC!**

**OBEY ALL TRAFFIC LAWS!**

**YIELD TO TRAFFIC WHEN APPROPRIATE!**

**STAY ALERT AT ALL TIMES!**

**LOOK BEFORE TURNING!**