



4/7/20

Dear Parents and Guardians-

Orchard Place has continued to monitor the global outbreak of COVID-19, a respiratory illness caused by a new coronavirus. You will continue to receive regular Orchard Place Campus via email as the situation evolves. These updates will continue to come via email at this time. You can also reference all parent communication on the Campus page of the Orchard Place website at:

<https://www.orchardplace.org/services/orchard-place-campus>

1. Please see today's message from Des Moines Public Schools. While we know many of our families live outside the Des Moines area, there are still helpful resources you could use on this page, no matter where you live.

Two weeks ago, DMPS launched a web page with online learning resources. Today we unveil our new family resource guide. DMPS is committed to providing as many connections to services - from food and housing assistance to health care and legal aid - for students and families as possible during the COVID-19 closure. We know these are challenging times. While our staff cannot replicate the support provided in person at school, we will continue to work tirelessly to find as many resources for families as possible. The page also includes a contact form if you need to reach out to our staff for additional information or assistance.

<https://www.dmschools.org/familyresources/>

2. We want to remind you that you can take your child on a visit at any time, in coordination with your child's treatment team. As the weather gets nicer, this is a great time to utilize outdoor space for those visits. We recommend you do not take your child to stores while you

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**Child Guidance Center**  
808 Fifth Avenue  
Des Moines, Iowa 50309  
Phone: (515) 244-2267  
Fax: (515) 244-1922

**PACE Juvenile Center**  
620 Eight Street  
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**Orchard Place Foundation**  
925 SW Porter Avenue  
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have them on visit but if you must, it is strongly recommended for you and your child to follow CDC guidance and wear face masks when doing so.

Also remember to follow social distancing guidelines when on visits:



## THE TRAFFIC LIGHT OF SOCIAL DISTANCING



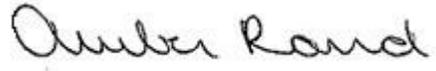
AVOID	USE CAUTION	SAFE TO DO
<ul style="list-style-type: none"><li>• GROUP GATHERINGS</li><li>• SLEEP OVERS</li><li>• PLAYDATES</li><li>• CONCERTS</li><li>• ATHLETIC EVENTS</li><li>• CROWDED RETAIL STORES</li><li>• MALLS</li><li>• WORKOUTS IN GYMS</li><li>• NON ESSENTIAL PEOPLE IN YOUR HOUSE</li><li>• MASS TRANSIT SYSTEMS</li></ul>	<ul style="list-style-type: none"><li>• VISITING A RESTAURANT</li><li>• GROCERY SHOPPING</li><li>• GETTING TAKE OUT</li><li>• PICKING UP MEDICATIONS</li><li>• TRAVELLING</li></ul>	<ul style="list-style-type: none"><li>• TAKING A WALK</li><li>• PLAYING IN YOUR YARD</li><li>• COOKING A MEAL</li><li>• GO FOR A DRIVE</li><li>• GROUP VIDEO CHATS</li><li>• STREAM A FAVORITE TV SHOW</li><li>• CHECK ON A FRIEND</li><li>• CHECK ON AN ELDERLY NEIGHBOR</li></ul>



Social distancing means that you and your child should not have family members or friends over to your house or you visit their homes. Social distancing is hard but is what we all must do in order to protect ourselves and our love ones.

These are unprecedented times for everyone and can be challenging to navigate. We encourage you to continue to utilize your own self-care plans and social support systems. As always, your child's therapist or building supervisor are available to discuss your concerns or questions.

Sincerely,

Handwritten signature of Amber Rand in black ink.

Amber Rand, LMHC, IAADC  
Campus Vice President

Handwritten signature of Stephen R. Mandler, MD in black ink.

Dr. Stephen R. Mandler  
Chief Medical Officer, Orchard Place  
Board Certified in Child & Adolescent Psychiatry