



5/29/20

Dear Parents and Guardians-

Orchard Place continues to monitor the COVID-19 situation. You will continue to receive regular Orchard Place Campus updates via email as the situation evolves. You can also reference all parent communication on the Campus page of the Orchard Place website at: <https://www.orchardplace.org/services/orchard-place-campus>.

Here are today's COVID updates-

As the state relaxes social distancing guidelines, the Iowa Department of Human Services and Iowa Department of Public Health is providing new guidance to safely resume in-person contacts between you and your child.

In-person contacts will resume now that the following can occur-

- Orchard Place now has the ability to do more tests for youth and staff
- Outdoors is believed to reduce transmission of the virus, with summer weather approaching, visits can consistently occur outside.
- We now have enough masks to supply to youth and families for use while on visit and when return.
- Parents and youth sign visiting contract agreeing to abide by infection control limits.

Visit Plan

As of **June 1st**, the following will occur-

1. Youth can begin therapeutic overnight visits in coordination with their treatment team and parent to occur on weekends only at this time. Youth must meet basic safety expectations for these overnights to occur.

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2. Youth can begin longer home visits such as 5-2's in coordination with their treatment team and parent. Youth will be able to return from these longer visits to sleep here on campus on their final night before discharge unless the child is experiencing COVID symptoms or has had a COVID exposure.

As of **June 8th**, the following will occur-

3. Youth can begin therapeutic day passes in coordination with their treatment team and parent to occur on weekends only at this time. Youth must meet basic safety expectation for these day passes to occur.
4. Family therapy sessions can resume in person at a frequency of every other week at this time. Opposite week will occur via telehealth.
5. On-campus visits will occur with immediate parent/guardian only and in conjunction with family therapy sessions only.

We will provide you with additional details and updates regarding the June 8th changes early next week.

As a reminder, in the event of a positive COVID youth or staff member, a 14 day quarantine will be triggered whereby off-campus visiting would be temporarily suspended for the building(s) under quarantine.

Off-Campus Overnight Visits and Day Passes

6. In order for these off-campus visits to occur, parent and child must sign an off-campus visit contract (see attached Off Campus Visit Contract) with the therapist which would include the following items-

Youth will do while on visit:

1. Youth will practice social distancing by being in groups of fewer than 10 people, practicing safe distancing of 6 feet and not be in crowded public places.
2. While out in public, youth and parent will wear mask at all times. Masks must be consistently worn covering mouth and face (See attached Mask Do's and Don'ts). Masks are not required to be worn in the home.
3. Youth practices consistent and regular hand hygiene.
4. Youth will only see immediate family members and will not see friends.
5. Youth must not be left in the home unattended by an adult family member.
6. Youth will take limited items back and forth from home to campus.

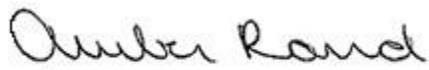
Youth will do upon return from visit:

7. Youth will have temperature taken and do hand hygiene upon entering the building

8. Youth will change clothes, launder those clothes and take shower.
9. Youth will wear mask for 14 days.
7. If any of the above items are not followed, youth will have visits temporarily suspended until safety can be assured by following the above guidelines. The child's treatment team will determine when off-campus visits are safe to resume.
8. All visits must be scheduled ahead of time with youth's therapists with 72 hour notice for visits requiring medications. Parents will not be permitted to take their child on an unscheduled visit. When therapist is scheduling the visit, s/he will ask COVID screening questions regarding all adults and household members per the updated COVID screening flyer (see attached COVID 19 Screen). Visit will be scheduled if answer no to all questions.
9. Upon arrival to campus to pick up child for visit, parent/guardian will go to their child's building while maintaining safe distance from the front door. Staff will meet parent at door but will not allow parent in the building. Parent will again be asked the COVID screening questions specific to all adults and household members and if answer no, then visit will proceed. If parent answer yes, the visit will not occur until symptoms have subsided.
10. Before child returns to campus, parent must call to unit to complete the COVID screening questions specific to client, adults and all household members. If answering yes to any question, will ask to have youth remain at home with parent for 14 days to self-isolate.
11. Parents will drop youth at front door of building and conduct visit hand-off communication at the door while maintaining social distancing and wearing a mask. Youth will be provided with a mask upon entry to the building.

We look forward to visits resuming for you and your child but will need everyone to do their part in continuing with the previously identified precautionary measures. As always, your child's therapist or building supervisor are available to discuss your concerns or questions.

Sincerely,



Amber Rand, LMHC, IAADC
Campus Vice President



Dr. Stephen R. Mandler
Chief Medical Officer, Orchard Place

Board Certified in Child & Adolescent Psychiatry