



3/23/20

Dear Parents and Guardians-

Orchard Place has continued to monitor the global outbreak of COVID-19, a respiratory illness caused by a new coronavirus. As expected the situation is evolving rapidly and has now been declared a pandemic with additional recommendations being issued by the Centers for Disease Control (CDC) daily.

You will continue to receive regular Orchard Place Campus via email as the situation evolves. These updates will continue to come via email at this time. You can also reference all parent communication on the Campus page of the Orchard Place website at:

<https://www.orchardplace.org/services/orchard-place-campus>

Here are today's updates:

1. Parents who have traveled internationally since 3-20-20, will need to self-quarantine for 14 days upon their return home, per the State Department Level Four Guidance issued on that date. This means you will not be allowed to have your child visit you at home during that 14 day quarantine.
2. Governor Reynolds recently asked any Iowa who has traveled for business or spring break domestically to "strongly consider" self-isolating for 14 days. While we are not requiring you to do this at this time, we do urge you to follow this recommendation to make the safest choice when deciding about home visits or day passes with your child.
3. We have instituted a change in policy regarding discharge medications due to the COVID crisis. Typically we discharge youth with a 30 day supply of medications but this is being increased. Due to COVID, many youth will not be able to obtain a prompt follow-up appointment with their Psychiatric provider. Orchard Place will begin immediately, to start giving 3 months of discharge medications to all youth during the duration of the national emergency state. If after discharge, we advise you to seek urgent care if problems arise before your first scheduled outpatient appointments.

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These are unprecedented times for everyone and can be challenging to navigate. We encourage you to continue to utilize your own self-care plans and social support systems. As always, your child's therapist or building supervisor are available to discuss your concerns or questions.

Sincerely,

Amber Rand, LMHC, IAADC  
Campus Vice President

Dr. Stephen R. Mandler  
Chief Medical Officer, Orchard Place  
Board Certified in Child and Adolescent  
Psychiatry

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