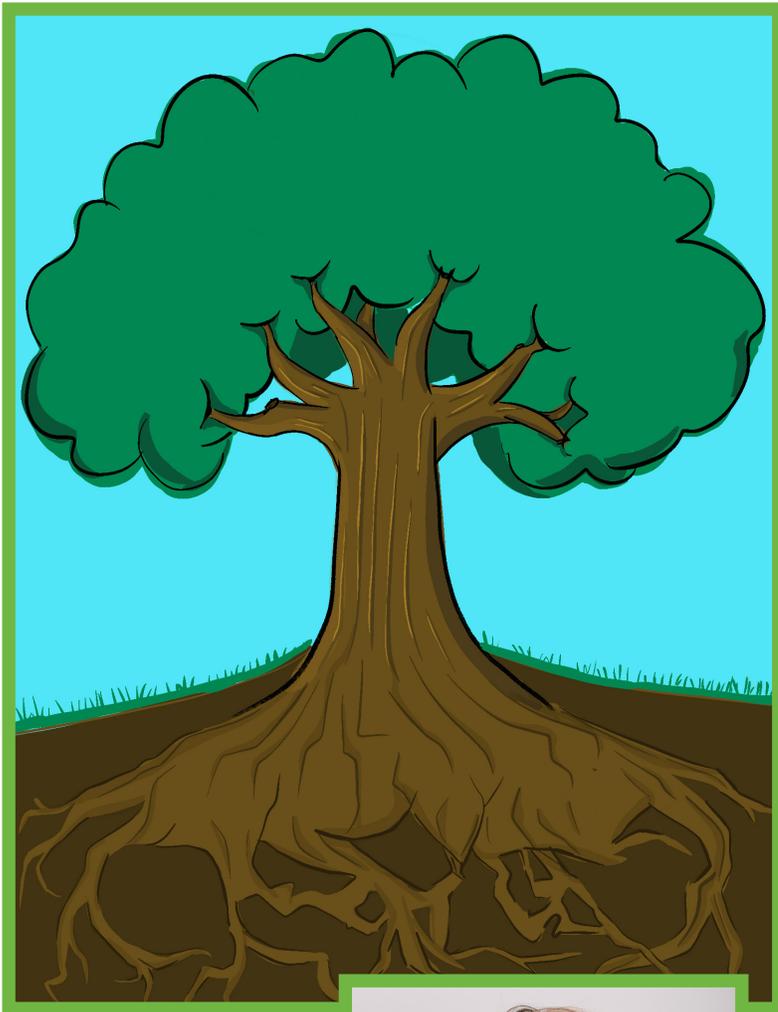


# CONNECTIONS

ORCHARD PLACE • SPRING/SUMMER 2021 ISSUE



**Resilience** is the ability to respond, absorb, adapt to, and recover from a disruptive event. It is an essential skill we work to build in the children and families we serve.

Pre-pandemic research showed an average of one in five children in Iowa would experience a mental health crisis.

COVID-19 created a global public health crisis that beyond the virus itself, significantly negatively impacted the mental health of children and adults. Disruptions in routines, structure, and relationships resulted in increased anxiety, depression, substance use and child abuse.

At Orchard Place, referrals for children's mental health evaluations and treatment are up 40% since the pandemic began. In addition, research begun before and even during COVID suggests the long-term health effects will be significant for youth over the age of six and more so for those children in marginalized groups. Orchard Place will help children and adolescents recover and heal from the impact of this Pandemic for years to come.

Orchard Place is a recognized leader in providing evidence-based, trauma-informed care for children and teens faced with mental, emotional, and behavioral health concerns. Early identification and intervention make all the difference in a child's or teen's ability to move through their crisis and not have to struggle for years before help arrives. It helps families move forward toward improved relationships and a renewed sense of hope and future.

This forward movement wouldn't be possible without our relationship with you. We are so grateful for our staff, donors, volunteers, and community partners who help Orchard Place fulfill its mission of developing strong futures. Thanks to you, we are more resilient too.

Sanctuary on,

A handwritten signature in black ink, appearing to read "Anne J. Johnson".

Anne





## W.T. and Edna M. Dahl Trust Transforms Entrance to Orchard Place Campus

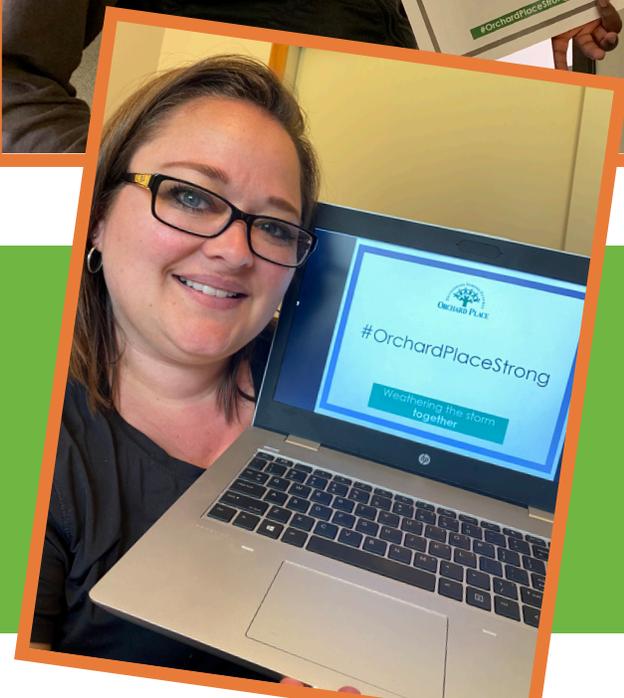
At Orchard Place Campus, we transform lives on a daily basis. At times, our facilities also require our love and attention. These before and after photos show off the renovation to our Family Services Center made possible by a generous gift from the W. T. and Edna M. Dahl Trust.

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## Children's Mental Health Care is Essential

As Covid-19 precautions kept much of the world safe at home, our Orchard Place Campus team showed up in person to support the kids each and every day.

"The resiliency, dedication, and commitment demonstrated by our team has been amazing," said Orchard Place Vice President Amber Rand. "I am humbled by my teammates and honored to be leading with them through what has likely been one of the more challenging years in Campus history."



**Our first COVID plan was 6 pages; current plan and corresponding procedures account for 69 pages of materials.**

**We became infectious disease experts and our risk management strategies have worked.**

# B-I-N-G-O is a Win-Win-Win

Monday is the night to be at Orchard Place Campus thanks to longtime volunteer Patti Splavec. Her legendary BINGO games bring out the best behavior in kids who need to earn their way to the game table by making good choices at school and throughout the day.

"BINGO is a big motivator for the youth," said Brandi, who works at the Jacobson House. "They get two desserts one from the kitchen, plus a 'Patti Snack' and you don't want to miss that. You also get to pick from Patti's prize box – her own purchased prizes for the kids."

For Patti, who began volunteering at Orchard Place in 2006, it is not about what she's giving, it is about the joy she experiences connecting with the kids.

"I could go on about the young people who have touched my life," said Patti. "First, there was a resident who snuggled into my shoulder as I read him stories, another was floored that I would actually show up at his discharge party."

One young man who was preparing for discharge home yelled at Patti on her way out the door from BINGO that Patti left a "footprint on his heart."

**Do you have a heart for volunteering?  
Apply today at [www.orchardplace.org](http://www.orchardplace.org)**



**This Starr-studded team raised \$11,176 for Orchard Place during the 2021 EAT-A-THON compEATtition.**



## Why I Serve...

As a mother to three young girls, their health, happiness, and success is my highest priority. I want all of Iowa's youth to have access to the resources they need to be healthy, happy, and successful too!

When I joined the Orchard Place Foundation Board eight years ago, I thought mental health was an area of wellbeing that was dramatically underserved, and I wanted to help. I continue to serve because I know our services dramatically impact children and their family's lives, and in some cases, has been lifesaving. I continue to be inspired and proud of the leadership team within the organization and the huge heart they and their staff have for helping children struggling with mental illness.

### Jayme Fry

President, Orchard Place Foundation Board of Directors 2019-2021  
VP, Commercial Relationship Manager at Bankers Trust



## Hy-Vee Delivers Smiles Beyond The Aisles

Hy-Vee customers showed their heart for children with mental, emotional, and behavioral health challenges. They contributed nearly \$10,000 to Orchard Place while shopping at Des Moines region Hy-Vee stores, setting a record for a charity of the month! Our development team presented Deb Fitzgerald with artwork, designed with love by a youth who received care, as a thank you for Hy-Vee's generosity.



## Campus Furniture Campaign

Children, ages 10 to 17, with significant mental health conditions stay on Campus an average of between five and six months while receiving comprehensive psychiatric care and attending school. They live in homes that are staffed 24 hours a day.

“A good night’s sleep is essential to healing,” said Wendy Ingham, Vice President of Development. “The generosity of Variety - the Children’s Charity made it possible for Orchard Place to purchase fully functional, safe and secure bedroom furniture that is designed to meet the unique needs of the children and adolescents in our residential program.”

Variety - the Children’s Charity granted Orchard Place \$20,647 toward the purchase of 20 new beds. The Orchard Place Foundation Board and development team are continuing to fundraise toward of the total need of nearly \$195,000. More than \$67,000 in grants and gifts were made prior to the printing of this publication.

**To support the campus furniture campaign, visit [orchardplace.org/donation](http://orchardplace.org/donation)**

## From Fear To A Path Forward - One Family’s Journey

Right away, on our first day, Amy from the Orchard Place Campus admissions team put our fears at bay. We knew we had made the right decision for our daughter and our family. We really appreciated that the treatment plan was developed and ready upon entry. It was comforting to meet our daughter’s therapist Jordan and physician Dr. Mandler. They listened to our story and shared their initial plans.

Throughout the entire five month treatment process, Jordan kept us informed, educated, and up to date on progress. She worked very well with our daughter challenging her to improve her skills and comforting her when things became overwhelming. Dr. Mandler was very thoughtful and caring in his approach. He reached out with medication changes and thorough explanations. We appreciated the personal telephone calls and the time he provided to answer questions.

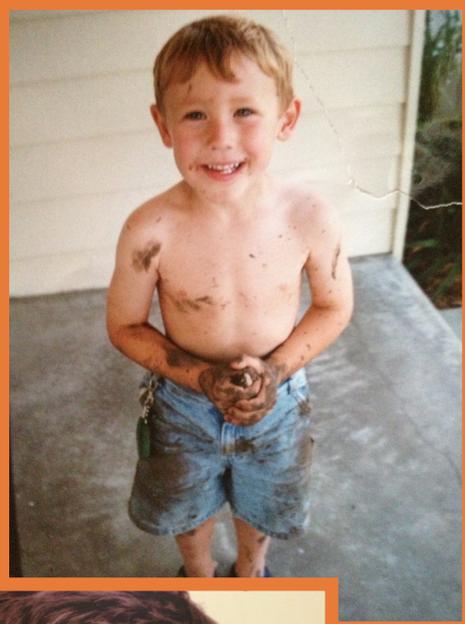
We were impressed with the team approach to treatment including the top notch skills and abilities of the unit staff. They were well trained and skilled to handle challenges no matter what time of day or night. We always felt like our daughter’s care was in the best hands.

**- Grateful Parents**



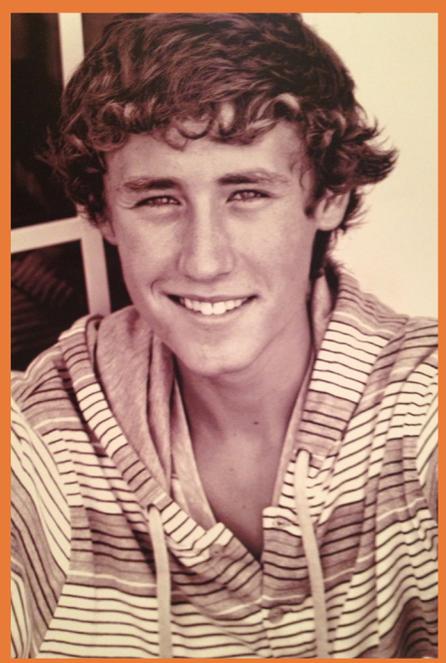
# Logan Dean Memorial Fund Benefits Youth at Orchard Place

Logan Patrick Dean enjoyed being with friends, listening to music, playing with his dog, Solger, and laughing with his family. He had one of the biggest hearts and he loved deeply. He was passionate beyond measure for his beloved Iowa Hawkeyes and the Green Bay Packers, and loved watching them play with friends and family. He loved work, and was one of the hardest workers you could ever meet. Thus, work and play both gave him joy, and his smile could light up any room.



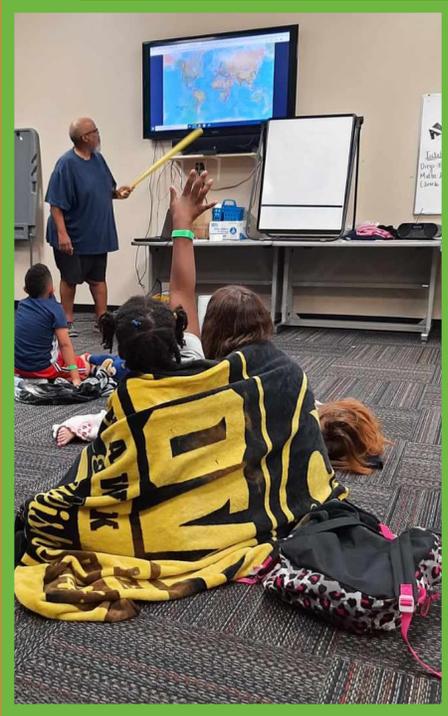
Logan also knew darkness and when he unexpectedly died at just 24 years old, his family and friends wanted to prevent others from the heartbreak and grief they've experienced. They established the Logan Dean Memorial Fund to help kids and families struggling with drug dependency and mental health issues.

On their first anniversary without Logan, his mother Deb Dean, father Tom Dean, sister Cassidy, and brother Ian visited Orchard Place to present a \$10,000 contribution. The gift is comprised of individual donations from many family members and friends who gave in memory of Logan.



Did you know that Orchard Place offers teen-friendly programs to help youth quit smoking, vaping, drinking and/or using drugs? Our substance use experts at PACE help youth find their motivation to quit, and provide the tools, support and accountability for youth to get and stay healthy.

**Learn more about our unique treatment approach and refer a teen you love by calling 515-697-5705**



## School's Out, But This Is Prime Time for Learning

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Kids enrolled in our PACE Enrichment program are on the go! Activities include skill building, therapeutic groups, art center outings, exercise, games, and more. While the kids enjoy the fun and friendship of Enrichment, they're developing stronger relationship-building skills, healthy and safe ways to process their emotions, creative and effective problem-solving strategies, and conflict resolution. This extra practice in skill building with peers prepares kids to integrate back into their classrooms more effectively in the fall.

"One parent described the summer program as a 'Godsend' because we are able to help their child develop social and communication skills," said program coordinator Jenna.

Kids in Enrichment are also experiencing growth in their social learning related to diversity, equity, and inclusion. While taking an imaginary trip around the world by bringing special guests into PACE, the kids learned about Asian American Pacific Islander heritage, Hispanic and Latinx culture, Middle Eastern tradition, PRIDE, and African and African American culture.

This summer's enrichment program is funded in part by a United Way of Central Iowa grant and designated donations from Orchard Place supporters.

**To invest in Enrichment, make a gift online at [orchardplace.org/donation](https://orchardplace.org/donation)**

# CONNECTIONS

ORCHARD PLACE • SUMMER 2021 ISSUE

## YOU CAN HELP DEVELOP STRONG FUTURES

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To make a gift to Orchard Place or schedule a personal tour, please contact:

Wendy Ingham, Vice President of Development  
925 SW Porter Avenue  
Des Moines, Iowa 50315  
Phone: (515) 287-9610  
wingham@orchardplace.org

2116 GRAND AVE • DES MOINES, IA • ORCHARDPLACE.ORG • 515.246.3514



Make our 10th year of this can't miss summer event the best yet! Register now to ride and/or volunteer at the 2021 Moonlight Classic which will be held on Saturday, July 10. This nighttime bike ride past downtown Des Moines and East Village landmarks will brighten the days of children with mental health care needs.

**SIGN UP OR DONATE AT [MOONLIGHTCLASSICDSM.COM](https://www.moonlightclassicdsm.com)**