

This conference meets the requirements for CEU approval of 11 hours for social workers, mental health counselors and psychologists.

Foster Parent In-Service hours have been approved for 11 hours.

Legal CLEs and Juvenile CLEs have been approved for up to 11 hours activity #376047

CEUs for IBC certified professionals have been approved for 11.5 hours.

CEUs for Sexual Assault Advocates have been approved for up to 12 hours.

Nurses will be awarded contact hours from MercyOne Des Moines Medical Center, Iowa Board of Nursing Provider #17. Full attendance is required per day. No partial credit will be given.

June 7, 2022: 6.25 hours

June 8, 2022: 6.25 hours

HOTEL INFORMATION:

Holiday Inn Airport
6111 Fleur Drive, Des Moines, Iowa 50321
515-287-2400

Room rate is \$102.00 per night until May 16, 2022, when you let the hotel know you are reserving for the Orchard Place Trauma Informed Care Conference.

SPONSORED BY:

Orchard Place Trauma Informed Care Project
Amerigroup Iowa, Inc
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Mid-Iowa Health Foundation
Polk County Health Services
Prevent Child Abuse Iowa

Parking is available at no cost.



12th Annual Psychological Trauma & Juvenile Justice: Impact on Mind, Body, Behavior and Community—Current Research and Practice Trends



June 7th & 8th, 2022
Holiday Inn Airport
6111 Fleur Drive, Des Moines, IA 50321

CONFERENCE DAY ONE

Tuesday June 7, 2022

7:30 to 8:15 Registration

8:15 to 8:30 Opening Remarks

8:30 to 10:00 **Dr. Dipesh Navsaria, MPH,
MSHS, PA, MS(LIS), MD**
**Relationships as Reason and Route:
How Relational Health Offers Solu-
tions Amidst a Pandemic and Beyond**

10:00 to 10:30 Break

10:30 to 12:00 **Trasie Adams Topple, Ph.D.,
LCSW**
Circle of Security Interventions

12:00 to 1:00 Lunch: Provided

1:00 to 2:15 **Dr. Dipesh Navsaria, MPH,
MSHS, PA, MS(LIS), MD**
**Families Forward with Fantastic
Framing: How Framing Concepts
Can Advance Your Message**

2:15 to 2:45 Break

2:45 to 4:00 **Trasie Adams Topple, Ph.D.,
LCSW**
**Attending to Attachment in the Early
Childhood Education: The COSP
Classroom Approach**

CONFERENCE DAY TWO

Wednesday June 8, 2022

7:30 to 8:15 Registration

8:15 to 8:30 Opening Remarks

8:30 to 10:00 **George Ake III, Ph.D.**
**Pause and Reflect: Applying Trauma-
Informed Principals in Every Day
Practice**

10:00 to 10:30 Break

10:30 to 12:00 **Kelly M. Clougher, Ph.D.**
**Indigenizing Healing: Native American
Mental Health**

12:00 to 1:00 Lunch: Provided

1:00 to 2:15 **George Ake III, Ph.D.**
**Pause and Reflect continued:
Conceptualizing Change in Trauma-
Informed Systems**

2:15 to 2:45 Break

2:45 to 4:00 **Kelly M. Clougher, Ph.D.**
**Reconciliation and Healing through
Decolonization and Indigenization**

ABOUT THE PRESENTERS

(For additional information about speakers visit our website at www.traumainformedcareproject.org)

REGISTRATION INFORMATION

Dr. Dipesh Navsaria, MPH, MSHS, PA, MS(LIS), MD is a pediatrician working in the public interest. He blends the roles of physician, occasional children's librarian, educator, public health professional and child health advocate. With graduate degrees in public health, children's librarianship, physician assistant studies, and medicine, he brings a unique combination of interests and experience together.

Dr. Navsaria is an associate professor of pediatrics at the University of Wisconsin School of Medicine and Public Health and is director of the MD-MPH program there as well as the medical director of the physician assistant program. Clinically, he has practiced primary care pediatrics, with special interest in underserved populations. He is the founding medical director of Reach Out and Read Wisconsin. Dr. Navsaria is heavily involved in both training and in the practice of child health advocacy — writing and speaking publicly locally, regionally and nationally on early brain and child development, early literacy, and advocacy to a broad variety of audiences. He also has extensive involvement with the American Academy of Pediatrics at the state and national levels.

Committed to understanding how basic science can translate into busy primary-care settings via population health concepts and policy initiatives, Dr. Navsaria aims to educate the next generation of those who work with children and families in realizing how their professional roles include being involved in larger concepts of social policy and how they may affect the cognitive and socioemotional development of children for their future benefit.

Trasie Adams Topple, Ph.D., LCSW is a licensed clinical social worker and an infant and early childhood mental health consultant. She has worked as a clinician, researcher, consultant, and university faculty. She began her clinical practice working with Spanish-speaking families in 2008 in New Mexico where she was first trained in Circle of Security Parenting (COSP). She later completed her doctorate in social work in 2018 in her home state at the University of Georgia. During her studies, she completed the Infant-Parent Mental Health Postgraduate Certificate Program at the University of Massachusetts-Boston. Dr. Topple has received years of clinical supervision using COSP programming and her enthusiasm for the model led her to research the impact of attachment relationships in the classroom. She currently works as a project consultant with COS International to further develop the COSP Classroom Approach, a professional development and coaching model for early childhood professionals. In addition, she delivers and provides supervision on the Approach with school districts and Head Start centers both in Georgia and across the United States.

Dr. Topple is the co-chair of the newly formed Georgia Association for Infant Mental Health (GA-AIMH). She has given numerous lectures and presentations, regionally and nationally, concerning the impact of early caregiving environments for infants and toddlers, protective factors of caregiving relationships, and professional development for early childhood professionals.

George Ake III, Ph.D. is a licensed psychologist with over 20 years of experience in the field of child trauma treatment. He is an Associate Professor in the Department of Psychiatry and Behavioral Sciences at Duke University Medical Center and an Adjunct Assistant Professor in the Department of Psychiatry at UNC-Chapel Hill School of Medicine. Dr. Ake is also the program director for the UCLA-Duke National Center for Child Traumatic Stress, the coordinating center for the SAMSHA-funded National Child Traumatic Stress Network. He serves as the Director of Training at the Center for Child & Family Health.

Dr. Ake provides trauma treatment services at CCFH and supervises many of the psychology postdoctoral fellows and interns from Duke and UNC who provide services in the mental health clinic. He has extensive experience in providing trauma focused mental health treatment to children and adults and is becoming more well known for his work in using implementation science to guide selection, onboarding, and sustaining evidence-based treatments typically used to target symptoms secondary to trauma exposure in children. Dr. Ake's research and training interests currently focus on implementation science, interpersonal violence, and trauma-informed child welfare practice.

Kelly M. Clougher, Ph.D. is a descent of the Odawa (Ottawa) Nation. Her biological grandma is Mary Sharlow, her grandparents are Robert and Birdie Picard, and her parents are Mark and Sandy Picard. She is the oldest child of four, and is a mother of four children. Kelly earned a Ph.D. in Counseling Psychology from Ball State University and has been practicing as a Psychologist at the University of Iowa's University Counseling Service since August 2013. Currently, she is the Associate Director for Outreach Services and Embedded Programs and serves as the President of the University of Iowa's Native American Council (NAC). Kelly grew up in Michigan, where her homelands are. And, although has no plans to move from Iowa soon, still identifies as a Michigander.

Conference Audience: Professionals who work with children and families including: physicians, nurses, social workers, mental health counselors, foster parents, early interventionists, psychologists, educators, business, human resource, medical, and juvenile justice professionals.

Conference Objectives: Upon completion of this conference participants will be able to:

- Recognize the importance of relationships as a key driver for development early in children's lives
- Understand the concepts of toxic stress and the role of strong, stable nurturing relationships
- Understand how to apply these concepts to clinical advice, family-facing programs, and strong policy
- Learn about the concept of issue framing
- Explore examples of framing around child-specific issues
- Practice briefly applying framing to existing or planned policies, programs, or advice
- Identify key relationship needs of young children in attachment relationships.
- Explore key concepts in the Circle of Security framework
- Identify the steps towards becoming a COSP facilitator
- Identify key attachment needs of young children with non-parental caregivers, specifically, in early childhood learning settings
- Explore a case study and lessons learned from implementation in Early Head Start and Head Start classrooms.
- Practice using the Circle of Security roadmap, a key component for COSP-C implementation in the preschool classroom
- Identify key domains of trauma-informed child and family service systems
- Describe best practices in evidence-based screening, assessment, and treatment
- Create a conceptualization for how agencies actively work to become more trauma-responsive
- Describe the model for improvement and how to apply this model to daily work in trauma-informed practices
- Describe various approaches to make trauma-informed changes in child serving agencies
- Recite the importance of trauma-informed systems to address worker wellness and secondary traumatic stress prevention
- Define colonialism and historical trauma
- Describe the impact of colonialism and historical trauma on the mental health of Native Americans
- Identify culturally congruent approaches health providers can use when working with Native Americans
- Define decolonization and indigenization.
- Identify modern day colonialism
- Identify methods for decolonization and indigenization to support healing and reconciliation to support healing and reconciliation

CONFERENCE OPTIONS

Registration deadline: May 16, 2022

For more information or to register go online to:

<http://tinyurl.com/TIC2022hm>

Registration for 2-day Conference: \$250 (student \$125)
(Cost covers tuition, materials, and refreshments)

Limited scholarships are available. Please contact Nicole Byrd or Nancy Boggess before April 20, 2022 for more information.

There is a \$25 discount per person for groups of 5 or more registering at the same time from the same agency. Please contact Nicole Byrd or Nancy Boggess to register groups.

An electronic link to speaker handouts will be available by May 27, 2022. Conference book may not include all handouts.

FOR MORE INFORMATION CONTACT:

Nicole Byrd or Nancy Boggess

Orchard Place

515-244-2267

ticconference@orchardplace.org

SPACE IS LIMITED Please register early. PAYMENT is required at time of registration.

NO REFUNDS will be given, however, SUBSTITUTIONS are allowed.

PARKING is available at no cost. PLAN to dress in layers for your comfort throughout the day.

DUPLICATE Attendance Certificates will not be issued. Please make sure you keep these in a safe place.