



3/18/20

Dear Parents and Guardians-

Orchard Place has continued to monitor the global outbreak of COVID-19, a respiratory illness caused by a new coronavirus. As expected the situation is evolving rapidly and has now been declared a pandemic with additional recommendations being issued by the Centers for Disease Control (CDC) daily.

You will continue to receive regular Orchard Place Campus via email as the situation continues to evolve. These updates will continue to come via email at this time. You can also reference all parent communication on the Campus page of the Orchard Place website at:

<https://www.orchardplace.org/services/orchard-place-campus>

In an effort to protect the safety of all clients, staff and visitors, **effective immediately** Orchard Place will be implementing the following strategies:

1. When you arrive for your off-campus visit with your child, you will be provided with the following handout regarding social distancing and screening questions.

Orchard Place Guidance for Off-Campus Visits

While on off-campus visits with your child, please follow all current CDC and State of Iowa recommendations regarding social distancing including avoiding groups with 10 or more people and limit your public interaction. See guideline below.

BEFORE you return to the campus with your child, please contact the unit to complete the 3 screening questions on the phone:

- Do you or your child have a fever or respiratory symptoms (e.g., cough or difficult breathing)?
- Did you or your child travel from an affected geographic area as identified by CDC within 14 days of getting sick?
- Did you or your child have close contact with a person laboratory-confirmed to be infected with COVID-19 within 14 days of them getting sick?
- If yes to one question, your child should not return to campus and you should seek medical guidance in your community. Your child will be allowed to return to campus once they have been cleared by a medical provider to do so.

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THE TRAFFIC LIGHT OF SOCIAL DISTANCING



AVOID	USE CAUTION	SAFE TO DO
<ul style="list-style-type: none"> • GROUP GATHERINGS • SLEEP OVERS • PLAYDATES • CONCERTS • ATHLETIC EVENTS • CROWDED RETAIL STORES • MALLS • WORKOUTS IN GYMS • NON ESSENTIAL PEOPLE IN YOUR HOUSE • MASS TRANSIT SYSTEMS 	<ul style="list-style-type: none"> • VISITING A RESTAURANT • GROCERY SHOPPING • GETTING TAKE OUT • PICKING UP MEDICATIONS • TRAVELLING 	<ul style="list-style-type: none"> • TAKING A WALK • PLAYING IN YOUR YARD • COOKING A MEAL • GO FOR A DRIVE • GROUP VIDEO CHATS • STREAM A FAVORITE TV SHOW • CHECK ON A FRIEND • CHECK ON AN ELDERLY NEIGHBOR

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2. Due to the on-campus visit restrictions, we understand you may wish to have off-campus visits with your child sooner than is typically recommended by the treatment team. We typically recommend overnight home visits occur approximately 30 days after your child's admission. Due to the unusual circumstances of COVID, we are allowing for more flexibility with these timelines while considering your child's safety. At a minimum, we recommend your child is on campus for at least 2 weeks before going on an overnight home visit. Your child's therapist and psychiatric provider will consult and provide you with recommendations which best support your child's safety in the community.

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3. Also due to the unusual circumstances of COVID, we are allowing for more flexibility regarding day passes (non-overnight passes). These could commence within your child's first 2 weeks of treatment but again recommendations will be made based on your child's safety.
4. We are exploring alternative ways such as videoconferencing for you to have contact with your child while in-person, on-campus visits are restricted. We hope to have further details regarding this issue within this week. In the meantime, remember you can still call your child every day between 9a-8:30p.

These are unprecedented times for everyone and can be challenging to navigate. We encourage you to continue to utilize your own self-care plans and social support systems. As always, your child's therapist or building supervisor are available to discuss your concerns or questions.

Sincerely,

Amber Rand, LMHC, IAADC
Campus Vice President

Dr. Stephen R. Mandler
Chief Medical Officer, Orchard Place
Board Certified in Child and Adolescent
Psychiatry

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