



ORCHARD PLACE

2021

REPORT CARD





# VITAL STATISTICS



## IN 2021, ORCHARD PLACE:

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- Provided care to **6,771** Iowa youth
- Employed **346** staff members
- Engaged **137** volunteers
- Operated on a budget of **\$21.4 MILLION**
- Limited management and general expenses to only **8.94%** of the total budget





## A MESSAGE FROM CEO ANNE STARR

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Keep Going, Don't Give Up, You've Got This!

Children and families impacted by mental health challenges know about the power of perseverance. It also helped Orchard Place stay strong as the pandemic stretched into a second year.

Referrals to our Child Guidance Center for mental health evaluations increased by 40%.

Referrals to Campus increased by more than 100 youth compared to the prior year.

We provide around the clock care to youth with very complex mental and behavioral health needs and high acuity levels.

These are not short-term trends. Early research indicates children who were at least 6 years old during the pandemic may experience longer term mental health effects.

Thank you for helping these families persevere and move forward with a sense of hope and healing.

Together, we're on a mission of developing strong futures.

Anne Starr, M.S.W.  
CEO, Orchard Place



## THE ORCHARD PLACE MISSION: DEVELOPING STRONG FUTURES

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Orchard Place is a leading Iowa nonprofit organization dedicated to helping youth with mental and/or behavioral health challenges.

**“THIS PLACE  
REALLY DOES  
HELP HEAL  
A BROKEN  
HEART.”**

**- YOUTH  
ORCHARD PLACE**

### OUR BRANCHES OF SERVICE:

- **Child Guidance Center:**  
Federally accredited outpatient community mental health center for children and their families.
- **Orchard Place Campus:**  
Residential Psychiatric Medical Institute for Children (PMIC) serving children and adolescents. Treatment is provided by a multidisciplinary team including child and adolescent psychiatric providers, nurses, therapists, milieu treatment counselors, plus a recreational therapist, dietician, and other dedicated professionals.
- **PACE Center:**  
Community-based programs providing skill-building, substance-use treatment, Juvenile Court follow-up and integrated health home services.

# SANCTUARY INSTITUTE CERTIFIED



Orchard Place is the only provider in Iowa certified by the Sanctuary Institute. This certification symbolizes our organization's commitment to providing a higher level of care, a trauma-sensitive environment for the children and families we serve, and a better work environment for our team members.

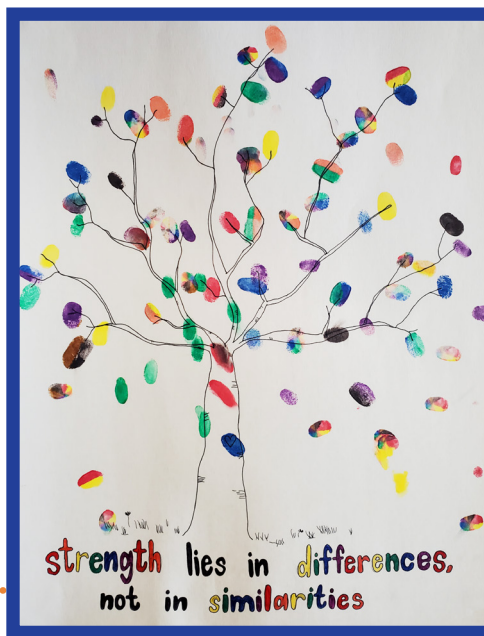
The Sanctuary® Model is a blueprint for clinical and organizational change which, at its core, promotes safety and recovery from adversity through the active creation of a trauma-informed community.

## DIVERSITY, EQUITY, AND INCLUSION AT ORCHARD PLACE

- Created organizational DEI Committee
- Established 5 DEI subcommittees with work plans
- Built DEI Training Library and identified employee orientation plan
- Implemented policy on Microaggressions and Macroaggressions
- Created DEI Implementation Plans specific to each branch
- Engaged in an inclusive interviewing process to select an outside DEI expert

Orchard Place has adopted the seven commitments of Sanctuary as our core values:

- Growth & Change
- Nonviolence
- Emotional Intelligence
- Social Learning
- Open Communication
- Social Responsibility
- Democracy



# CHILD GUIDANCE CENTER

## IN 2021, THE CHILD GUIDANCE CENTER:

- Provided care to **3,751** children and youth
- Conducted **44,623** outpatient treatment and psychiatric visits
- Served **80** youth through the Functional Family Therapy program, helping **75%** of those completing the program stay in their homes.
- Provided **1,410** on-site and virtual consultations to childcare programs totaling **1,392** hours.

## BASED ON YOUTH AND PARENT PROGRESS REPORTS:

**63%**

of youth showed a positive change in emotional, social, and behavioral functioning from intake to discharge

**90%**

of youth/parents reported that therapy is helping them to recognize emotions and how they impact behavior

**85%**

of families completing Functional Family Therapy reported an improvement in family relationships

**91%**

of youth/parents reported satisfaction with the services received

## INCREASING ACCESS

School-based mental health therapy services provided by Orchard Place are all about reducing barriers. Parents do not need to take time off from work to drive their children to and from therapy appointments. Therapists work with teachers to arrange the best times for therapy during each child's school day. Plus, United Way of Central Iowa grant funding makes it possible for children to receive school-based therapy regardless of their family's financial ability or insurance status.

In 2021, Orchard Place provided therapy in 55 schools including Carlisle, Des Moines Public Schools, Johnston, Norwalk, Saydel and Winterset.

When the pandemic temporarily closed schools and/or families chose online classes, our school therapists offered telehealth so that kids and families could benefit from continuity of care.



## ORCHARD PLACE CAMPUS

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**IN 2021, ORCHARD PLACE CAMPUS SERVED 213 YOUTH.  
THEY AVERAGED 5.6 MONTHS IN RESIDENTIAL TREATMENT.**

- **77%** of youth showed a positive change in emotional regulation from intake to discharge

- **84%** of youth showed a positive change in emotional, social, and behavioral functioning from intake to discharge

- **98%** of youth successfully discharged to a lower level of care

- **74%** of youth agreed with the statement "I am learning ways to help myself feel better here."

## HEALING & HOPE

"Our daughter has been using appropriate coping skills and is applying for jobs. She's had minimal arguments with us and helps with her younger siblings when needed. Overall, she just seems so much happier with herself and the home environment than before staying at Orchard Place.

We are excited to see how she does as time goes on. You helped her so much.

**We feel like she will continue to move positively forward with her life."**

**-GRATEFUL PARENTS**



# PACE CENTER

## IN 2021, PACE CENTER SERVED 2,807 YOUTH AND FAMILIES

- **96%** of youth/families served reported feeling respected and encouraged to share thoughts and ideas.
- **1,096** youth received care coordination services from our Integrated Health Home Program.
- **352** youth across six area high schools were served on behalf of Juvenile Court Services and the Des Moines Public School District.
- **518** youth received skill-building services from PACE case managers.
- **176** youth received substance use services.
- **263** urgent care contacts were made with **260** families.



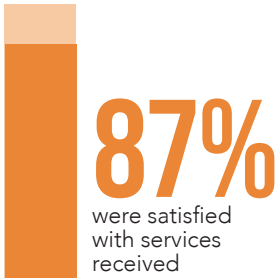
"I got involved with Orchard Place over a decade ago through the Lunch Buddies program that connected Principal employees to students at PACE. That experience inspired me to also serve as a mentor for kids on Campus. Through volunteering, I saw firsthand the ways Orchard Place helps kids and it often made me reflect on how members of my family could have used the same kind of support at various points in their lives,"

**- JOSH INGALLS, VOLUNTEER & DONOR**



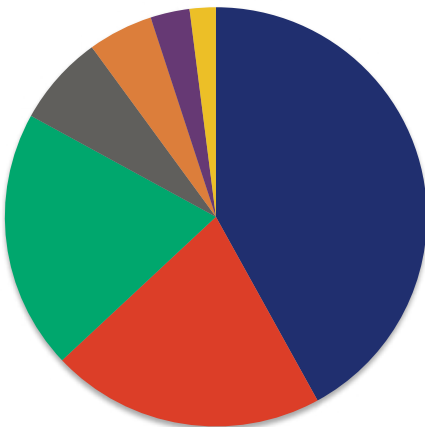
# ORCHARD PLACE SURVEY RESULTS

OF THE 777 PARENTS AND CHILDREN WHO PARTICIPATED:



## 2021 FUNDING SOURCES

6,771 IOWA YOUTH RECEIVED SERVICES FUNDED BY::



**42% - MEDICAID**

**21% - INSURANCE AND PRIVATE PAY**

**20% - OTHER STATE/FEDERAL CONTRACTS**

**7% - PHILANTHROPY/OTHER**

**5% - UNITED WAY OF CENTRAL IOWA**

**3% - JUVENILE COURT**

**2% - SCHOOLS**



## INVEST IN OUR MISSION: DEVELOPING STRONGER FUTURES

Your financial support helps Orchard Place carry out our mission of Developing Strong Futures. Please visit [orchardplace.org/donation](http://orchardplace.org/donation) or send a check in the enclosed envelope.

If your workplace matches employee gifts, please let your business or organization know you're giving to Orchard Place.

### **Is Orchard Place in your will or estate plan?**

Please let us know so that we may recognize you in our Elizabeth Mann Society.

**CALL 515.287.9610**  
**ORCHARDPLACE.MYPLANNEDGIFT.ORG**

### **Orchard Place Administrative Office**

2116 Grand Ave.  
Des Moines, IA 50312  
Phone: 515.246.3514  
Fax: 515.246.3599

### **Orchard Place Campus**

925 S.W. Porter Ave.  
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Phone: 515.285.6781  
Fax: 515.287.9695

### **Child Guidance Center**

808 Fifth Ave.  
Des Moines, IA 50309  
Phone: 515.244.2267  
Fax: 515.244.1922

### **PACE Center**

620 8th St.  
Des Moines, IA 50309  
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Fax: 515.697.5701

### **Orchard Place Foundation**

925 SW Porter Ave.  
Des Moines, IA 50315  
Phone: 515.287.9610  
Fax: 515.287.9695

## ORCHARD PLACE EXECUTIVE OFFICERS

Chief Executive Officer .....	Anne Starr, M.S.W.
Chief Financial Officer .....	Val Saltsgaver, C.P.A.
Chief Medical Officer.....	Stephen Mandler, D.O.
Vice President, Development .....	Wendy Ingham
Vice President, Orchard Place/Child Guidance Center .....	Jodie Warth, M.P.A.
Vice President, Orchard Place Campus.....	Amber Rand, L.M.H.C., I.A.A.D.C.
Vice President, Orchard Place/PACE Center .....	Sonni Vierling, M.A.

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Neil Broderick	Ken Haynie	
Patricia Crispin	Catherine McGarvey	



# YOU CAN HELP DEVELOP STRONG FUTURES

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To make a gift to Orchard Place or schedule a personal tour,  
please contact:

Wendy Ingham, Vice President of Development  
925 SW Porter Avenue  
Des Moines, IA 50315  
515.287.9610  
wingham@orchardplace.org

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**ORCHARDPLACE.ORG**



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